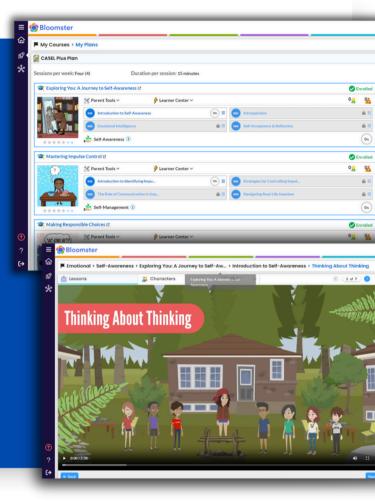


# Bloomster expands on SEL initiatives for comprehensive holistic education.

Empower your students with essential life skills beyond the classroom!

- √ 800+ Lessons Available
- Plug-and-Play Platform
- Engaging Animated Video Lessons
- Built-In Progress Reports & Screeners
- ✓ Works with Your School Calendar
- State & Federal Grant Eligible



# **Meet Bloomster**

Equip your students with the tools to build meaningful skills beyond the traditional academic curriculum. Through interactive animated video courses, your students will be able to exercise the unique skills that help them become more well-rounded individuals.

Courses are based on real-world scenarios, provide practical tools, and include multiple ways to measure student comprehension.

## **Bloomster's Dimensions & Skills**



#### Social

Effective communication, conflict resolution, leadership, cultural awareness, and responsible decision-making



#### **Emotional**

Self-awareness, self-confidence, managing fear, self-regulation, selfdiscipline, and resilience



#### Intellectual

Critical thinking, problem-solving, creativity & innovation, learning & adapting, and finance



#### **Mindfulness**

Mindfulness, meditation, gratitude, compassion, and forgiveness



#### **Physical**

Yoga, health and nutrition, gross and fine motor skill, and physical fitness





# What is included in Bloomster?

Bloomster is a plug-and-play platform. Content creation is not needed from teachers. Bloomster provides all teacher resources and reporting necessary for optimal learning experience.

Who created the courses?

Our all-star lineup of course creators have extensive experience, from licensed teachers to PhDs, clinical practitioners, and psychologists.

How are the lessons taught?

The teacher will show the lesson video to the class and then lead a discussion using the content provided. The knowledge checks provided for each course allow teachers to assess individual student performance.

What learning objectives is the curriculum based on?

We align with CASEL core competencies and expand on that framework for a complete holistic curriculum.



Brandee S.

"As a parent of a middle schooler, I highly recommend Bloomster for its comprehensive and engaging courses."

# Easily Implement SEL within the Classroom

Choose one of our pre-designed learning plans or build your own.

Learning plans are built to fit into a school calendar year including seven (7) courses based on the following session options:

#### **Bloomster Break**

- 200+ Lessons
- 2 Sessions Per Week
- Duration: 30-minutes

## **Morning Mindset**

- 200+ Lessons
- 4 Sessions Per Week
- Duration: 15-minutes

#### **Focused SEL Class**

- 200+ Lessons
- Semester Long Class
- Duration: 30-minutes





